

# GENERAL CLUB INFORMATION



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| <b>Equipment:</b>        | Skaters in STARSkate are required to wear proper skating clothing. Appropriate clothing includes yoga wear, skating dresses or skirts. Please note that pants should not have a wide leg as it is dangerous to the skater. Anyone with long hair should be sure to tie it back.   |
| <b>Skates:</b>           | STARSkate skaters should be wearing figure skates at this stage as they are required for spins and jumps. Since there are many different types of figure skates, it is best to try them on to make sure they give enough support. If you have any questions, please ask a coach.  |
| <b>Private Lessons:</b>  | <p>Private lessons are arranged between parents and the coach of your choice. They are not required for skaters in the Pre-Bronze program and are over and above club fees. Small group and semi-private lessons are also available.</p> <p>If you would like to try small group or team coaching as an alternative, we recommend one coach as your “base coach”. This coach will look after your skater, making sure that all their needs are met. For more information about our coaching staff please refer to our web site <a href="http://www.georginaskatingclub.org">www.georginaskatingclub.org</a>.</p>  |
| <b>Off-ice Training:</b> | Skaters will receive off-ice training concentrating on preparing their bodies for on-ice demands. Off-ice training is essential for all skaters in aiding the development of flexibility, balance, cardio, and strength training. The off-ice training program for skaters new to STARSkate is focused on having fun, participating in groups and maintaining physical activity. As athletes develop through STARSkate, their off-ice training becomes more specific and assists in developing the skater as a whole. It is highly recommended that skaters take advantage of these training opportunities.   |
| <b>Guest Skating:</b>    | Guest skating is available on our sessions depending upon availability. Guest fees are \$15.00 per session and <b>MUST</b> be paid for online. Skaters must then bring their receipt to the session and provide it to the coach. Coaches will not be allowed to take money at the boards. Please advise your coach before attending any sessions in a “guest skater” capacity and be sure to pay for those sessions online.   |
| <b>Test Days:</b>        | <p>The <i>Georgina Skating Club</i> is pleased to offer evaluations for STARSkaters in primary test levels during regular on-ice sessions! Further, STARSkaters in the junior bronze level and higher have an opportunity to perform tests in front of Skate Canada judges/evaluators in four disciplines: dance, freeskate, interpretive and skills. Your coach will inform you when your skater has passed a test during on-ice sessions or is ready to test on a specified date. All club fees <b>must</b> be up to date before a skater may take a test.</p> <p>For skaters in the junior bronze level and higher, once a test schedule is set (and approximately one week prior to the test day), your skater will receive an envelope containing more information. Due to scheduling, these test days take part during the day. All club fees <b>must</b> be up to date before a skater may take a test. See your skater’s test envelope for information regarding fees payable, which will depend upon the type and how many tests are taken. All test fees include a small amount for charges associated to <i>Skate Canada</i> and the <i>Georgina Skating Club</i>.</p> <p>Our Test Days are tentatively scheduled for:</p> <p><del>Monday, October 24, 2016</del><br/> <del>Monday, December 12, 2016</del> *** Rescheduled for November 14, 2016***<br/> Monday, February 13, 2017<br/> Monday, April 3, 2017</p> |

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| <p><b>NSF Policy: Georgina Skating Club and/or Private Coach Fees</b></p> | <p><b>All fees MUST be kept up-to-date</b>, regardless of whether they are club or private coach fees. Fees must be up-to-date before skaters can take a test, enter a competition or be involved in any of our special days. Any insufficient or “NSF” cheques issued must be replaced and a \$20.00 administrative fee will be applied. If fees remain in arrears, additional action will be taken which may result in your skater being ineligible to enter competitions, take tests or be involved in any of the <i>Georgina Skating Club’s</i> special days.</p>   |
| <p><b>Refunds:</b></p>  | <p>Refunds may be granted at the discretion of the Board. All requests must be submitted in writing.</p>  |
| <p><b>Discounts:</b></p>  | <p>Discounts will be applied to the lowest amount for the 3rd or subsequent sibling within a family when skaters register at the same time. Those discounts are as follows: 20% for Learn to Skate programs and 10% for STARSkate programs. CanSkate multi-day discounts are also available and calculated through our online registration system (Uplifter).</p>   |
| <p><b>Cell Phones</b></p>   | <p>Cell phones can be a distraction and injuries may occur if used during training. All cell phones must be placed in a basket when entering off ice classes and may be picked at the end of class.</p>   |
| <p><b>Skater Right of Way:</b></p>  | <p>Regardless of priority, safety must always come first. Use common sense and, notwithstanding who has the right of way, both skaters must stop before a collision! ALWAYS be aware, cautious and considerate of everyone. There are many different levels of skaters sharing the ice at the same time. The right of way shall be in the following order:</p> <ol style="list-style-type: none"> <li>1. Coaches and skaters in a lesson with a coach (group or private).</li> <li>2. Skater skating a program with music or a skater in the harness.</li> <li>3. Skater in a spin or jump entrance.</li> <li>4. Skaters MUST be aware of others and do their best to avoid collisions, even if their own music is playing. Calling out “Excuse me!” in a respectful manner will alert other skaters/coaches of the need to move out of the way.</li> <li>5. When a dance is played, the skater(s) with the coach who requested the dance music will skate first.</li> <li>6. Solo or dance music will be played in the order of coach request, followed by skater request. Skater music requests may be limited per session and is up to coach discretion.</li> <li>7. Spin in the center. Jump at the corners. Do not linger in these areas!</li> </ol> |